



palmer's

Mashed Sweet Potatoes

Ingredients - Serves 5

- 6 sweet potatoes, peeled and cubed
- 3/4 cup milk
- 1/2 cup butter
- 3/4 cup maple syrup

Preparation

- ▶ Bring a large pot of salted water to a boil. Add potatoes and cook until tender, 20 to 30 minutes.
- ▶ With an electric mixer on low, blend potatoes, slowly adding milk, about 1/2 a cup at a time. Use more or less to achieve desired texture. Add butter and maple syrup to taste. Blend until smooth. Serve warm.



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