



900 Jefferson Road Rochester, NY 14623  
585.272.9470 • www.palmersdirecttoyou.com

# The Kitchen Menu

### Market Hours:

Sunday, Monday: 10AM - 4PM  
Tuesday, Wednesday: 10AM - 7PM  
Thursday - Saturday: 9AM - 8PM

### Kitchen Hours:

Sunday, Monday: CLOSED  
Tuesday, Wednesday: 11AM - 7PM  
Thursday - Saturday: 11AM - 8PM

## WE'RE HERE TO CATER TO YOU!

For up to 100 people, we can provide a professional, catered experience you & your guests are sure to remember! No special event is off limits:

Graduation Parties • Weddings • Business Lunches  
Birthday Parties • Family Reunions • Holiday Parties

## CAN'T PICK IT UP? HAVE IT DELIVERED!

Call 585.272.9470 or ask an associate for details!

## Signature Soups

<b>Lobster Bisque</b>		
Fresh cream, real butter and succulent lobster combine with just a touch of sherry.	<b>Regular (8 oz.)</b>	4.99
	<b>Large (16 oz.)</b>	7.99
<b>Seafood Chowder</b>		
Fresh vegetables, cream, bacon and potatoes compliment scallops, white fish, clams and shrimp.	<b>Regular (8 oz.)</b>	4.99
	<b>Large (16 oz.)</b>	7.99
<b>(2) Soups Du Jour</b>		
	<b>Regular (8 oz.)</b>	3.99
	<b>Large (16 oz.)</b>	6.49

## Handcrafted Salads

<b>Mixed Green Side Salad</b>	3.49	<b>Caesar Side Salad</b>	3.99
<b>BBQ Chicken Salad</b> .....	9.99		
Fried chicken breast, mixed greens tossed with tomato, cucumber, red onion, house made ranch dressing and BBQ sauce.			
<b>Beet and Baby Green Salad</b> .....	9.99		
Roasted beets, baby lettuce with goat cheese, grilled asparagus and pecans tossed with house made balsamic dressing.			
<b>Marinated Shrimp Salad</b> .....	12.99		
Baby lettuces with bacon, avocado, grape tomatoes topped with seven herb citrus marinated shrimp and our house made sweet and tangy lemon vinaigrette.			
<b>Mini Crab Cake Salad</b> .....	12.99		
Two fried premium lump-meat crab cakes on top of mixed greens with avocado, carrots, cucumbers, tomato & red onion tossed in a lemon vinaigrette.			
<b>Classic Caesar Salad</b> .....	7.99		
Romaine lettuce with shaved Parmesan cheese & croutons. Served with a side of house made Caesar dressing.			
<b>Caesar with Chicken (5 oz)</b> .....	10.99		
with 🍗 Tenderloin (4 oz).....	12.99		
with Shrimp (spicy) (5 ct).....	12.99		
with Salmon (spicy) (6 oz).....	12.99		

## Custom Seafood Selections

**Pick Your Seafood! \*Sides Not Included\***

<b>Wild-Caught Haddock</b> .....	<b>Regular (6-8 oz.)</b>	7.99
	<b>Large (10-12 oz.)</b>	10.99
<b>Wild-Caught Cod</b> .....	<b>Regular (8-10 oz.)</b>	9.99
<b>Farm Raised Catfish</b> .....	<b>Large (7-9 oz.)</b>	8.99
<b>Farm Raised Jumbo Shrimp</b> .....	<b>Regular (5 pc.)</b>	9.99
	<b>Large (8 pc.)</b>	12.99
<b>Seafood Combo</b> .....	<b>Regular</b>	15.99
	<b>Large</b>	18.99
<b>Shrimp &amp; Scallop Combo</b> .....	<b>Regular</b>	15.99
<b>Wild Caught Sea Scallops</b> .....	<b>Regular (5 pc.)</b>	12.99
	<b>Large (7 pc.)</b>	16.99
<b>Farm Raised Atlantic Salmon</b> .....	<b>Regular (8 oz.)</b>	11.99
<b>Farm Raised Tilapia</b> .....	<b>Large (7-9 oz.)</b>	8.99
<b>Fried Clam Strips</b> .....	<b>Regular (8 oz.)</b>	8.99
	<b>Large (12 oz)</b>	11.99

*\*All portions are weight before cooking\**

### Pick Your Preparation!

Deep Fried • Broiled • Panseared • Grilled

### Pick One Seasoning or Coating!

White Wine Lemon • Garlic Butter • Lemon Dill Butter  
Lemon Pepper • Tropical Salsa • Jamaican Rub  
Blackened Seasoning  
*(Deep Fried Only)*  
(GF) Beer Batter • Breaded • Beer Batter • Cornmeal Crusted

### Pick Your Sides!

All Fresh, Cold & Hot Sides: sm. 1.50 lg. 3.00  
Premium Sides (Sweet Potato Fries or Onion Rings): 2.00

## Seafood & Chicken Baskets

### Mini Handmade Crab Cakes.....10.99

Three fried premium lump-meat crab cakes garnished with baby greens and red pepper mayo.

### Fried Calamari..... 8.99

Buttermilk dipped, cornmeal crusted thick cut tubes and tentacles served with our house made marinara sauce, banana peppers and parmesan cheese.

### Southern Style Chicken Tenders..... 6.99

Four fresh chicken breast tenders, double buttermilk hand breaded and deep fried. Served with BBQ sauce & ranch dressing. *Add French Fries for only 1.50!*

### Buffalo Style Chicken Tenders..... 7.99

Four fresh chicken breast tenders, double buttermilk hand breaded, deep fried & coated with Buffalo sauce served with bleu cheese dressing & celery. *Add French Fries for only 1.50!*

### Irish Style Fish & Chips.....11.99

An 8-10 oz piece of fresh, wild caught, north Atlantic Cod, battered & deep fried using authentic Irish Beer. Served with Tartar, lemon and crispy fried potato chips.

**ALL NEW!**

## Deli Sandwiches

All deli sandwiches served with chips & a pickle

Full Sandwich 9.99    Half Sandwich 5.99

Half Sandwich with Soup or Side Salad 8.99

### Choice of Bread:

White • Wheat • Rye • Wrap (*Full Sandwich Only*)

### Choice of Meat: (choose one)



Roast Beef • Corned Beef • Pastrami  
Virginia Baked Ham • Turkey Breast

### Choice of Cheese:

American • Pepper Jack • Cheddar • Provolone • Swiss • Mozzarella

### Choice of Extras:

Lettuce • Tomato • Onion • Banana Peppers • Sweet Peppers • Coleslaw

### Choice of Condiments:

Mayonnaise • Spicy Mustard • Yellow Mustard • Dijon Mustard  
Garlic Aioli • 1000 Island Dressing • Honey Mustard

## Specialty Sandwiches

All specialty sandwiches served with one fresh side of your choice

### The Palmer Burger..... 10.99

10oz. Certified Angus Beef ® Brand burger served on a toasted brioche roll with lettuce, tomato, your choice of cheese and garlic aioli on the side.

*Add bacon: 1.00    Add mushrooms or onions: 0.50 each*



### Philly Cheese Steak Sandwich..... 10.99

Certified Angus Beef ® Brand shaved steak sautéed with onions, topped with provolone cheese on a toasted sub roll.



### Mallory's Chicken Sandwich..... 8.99

Grilled chicken breast, served on a toasted brioche roll with lettuce, tomato and your choice of dressing on the side. *Make it a FRIED Chicken Sandwich for only 1.00 more!*

### Pulled Pork Sandwich..... 8.99

Slow roasted pork with house made BBQ sauce on a toasted brioche roll.

### Fried Fish Sandwich..... 10.99

A fresh breaded haddock fillet on a sub roll with lettuce, tomato and house made tartar sauce.

### Marinated Shrimp Sandwich..... 11.99

Citrus and herb marinated shrimp with bacon, avocado, lettuce and tomato on grilled white bread.

### Pan Seared Crab Cake Sandwich..... 13.99

Lump crab cake dressed with pepper mayo on a toasted brioche roll with lettuce and tomato on the side.

### Cape Cod Reuben..... 10.99

Beer battered Cod, house made coleslaw, 1000 Island dressing and Swiss cheese on toasted rye bread.

All pressed paninis served with chips and a pickle.

### Tenderloin Panini..... 10.99

Certified Angus Beef ® Brand beef tenderloin, roasted red peppers, provolone cheese, red onion and mushrooms. Served with garlic aioli on fresh herb focaccia bread.



### Reuben Panini..... 10.99

Thinly sliced corned beef, house made coleslaw, 1000 Island dressing and Swiss cheese on a grilled rye focaccia.



### Cuban Panini..... 9.99

Grilled sub roll stuffed with slow roasted pork, ham, mayo, mustard, pickles and melted Swiss cheese.

## Seasonal Specials

### The Palmer's Plate..... 13.99

Our 10oz Certified Angus Beef burger served over French fries and macaroni salad. Topped with meat hot sauce, spicy brown mustard, and chopped onion.



### Apple Walnut Salad..... 12.99

Grilled chicken, apple slices, candied figs, toasted walnuts, goat cheese, and mixed greens tossed in balsamic dressing.

### Autumn Steelhead Trout..... 13.99

Grilled U.S.A. farm raised Steelhead trout in brown butter, topped with sage and maple glazed pecans.

### Fried Chicken Wing Basket..... 10.99

Eight deep fried, wings served with French fries blue cheese & celery. *Sauce Options: Buffalo, BBQ, Apple Bourbon Bacon Butter*

Have you visited the Fish counter and saw a fish fillet you want to try? See a delicious steak on the Meat counter? Well...

## CREATE YOUR OWN ENTRÉE!

HERE ARE SOME OF OUR FAVORITES!

### DEEP FRIED

Oysters • Ocean Perch • Boneless Pork Chop

### GRILLED

Bone-In Pork Chop • T-Bone Steak • Swordfish

### PANSEARED

Delmonico Steak • Sockeye Salmon • Yellowfin Tuna

### STEAMED

Mussels • King Crab Legs • Littleneck Clams

...AND DON'T FORGET THE SIDES!

\*\*Fresh Seafood may vary by availability\*\*