



900 Jefferson Road Rochester, NY 14623
585.272.9470 • www.palmersdirecttoyou.com

The Kitchen Menu

Market Hours:

Sunday, Monday: 10AM - 4PM
Tuesday, Wednesday: 10AM - 7PM
Thursday - Saturday: 9AM - 8PM

Kitchen Hours:

Sunday, Monday: CLOSED
Tuesday, Wednesday: 11AM - 7PM
Thursday - Saturday: 11AM - 8PM

WE'RE HERE TO CATER TO YOU!

For up to 100 people, we can provide a professional, catered experience you & your guests are sure to remember! No special event is off limits:

Graduation Parties · Weddings · Business Lunches
Birthday Parties · Family Reunions · Holiday Parties

CAN'T PICK IT UP? HAVE IT DELIVERED!

Call 585.272.9470 or ask an associate for details!

Signature Soups

Lobster Bisque Real butter and a touch of sherry wine combined with cream and lobster broth.	Regular (8 oz.) 4.99 Large (16 oz.) 7.99
Seafood Chowder Fresh vegetables, cream, bacon and potatoes compliment scallops, white fish, clams and shrimp.	Regular (8 oz.) 4.99 Large (16 oz.) 7.99
(2) Soups Du Jour	Regular (8 oz.) 3.99 Large (16 oz.) 6.49

Handcrafted Salads

Mixed Green Side Salad 3.49	Caesar Side Salad 3.99
BBQ Chicken Salad 9.99 Fried chicken breast, mixed greens tossed with tomato, cucumber, red onion, house made ranch dressing and BBQ sauce.	
Beet and Baby Green Salad 9.99 Roasted beets, baby lettuce with goat cheese, grilled asparagus and pecans tossed with house made balsamic dressing.	
Marinated Shrimp Salad 12.99 Baby lettuces with bacon, avocado, grape tomatoes topped with seven herb citrus marinated shrimp and our house made sweet and tangy lemon vinaigrette.	
Mini Crab Cake Salad 12.99 Two fried premium lump-meat crab cakes on top of mixed greens with avocado, carrots, cucumbers, tomato & red onion tossed in a lemon vinaigrette.	
Classic Caesar Salad 7.99 Romaine lettuce with shaved Parmesan cheese & croutons. Served with a side of house made Caesar dressing.	
Caesar with Chicken (5 oz.)10.99 with 🍗 Tenderloin (4 oz.)12.99 with Shrimp (spicy) (5 ct.)12.99 with Salmon (spicy) (6 oz.)12.99	

Custom Seafood Selections

Pick Your Seafood! *Sides Not Included*

Wild-Caught Haddock	Regular (6-8 oz.) 7.99 Large (10-12 oz.) 10.99
Wild-Caught Cod	Regular (8-10 oz.) 9.99
Farm Raised Catfish	Large (7-9 oz.) 8.99
Farm Raised Jumbo Shrimp	Regular (5 pc.) 9.99 Large (8 pc.) 12.99
Seafood Combo	Regular 15.99 Large 18.99
Shrimp & Scallop Combo	Regular 15.99
Wild Caught Sea Scallops	Regular (5 pc.) 12.99 Large (7 pc.) 16.99
Farm Raised Atlantic Salmon	Regular (8 oz.) 11.99
Farm Raised Tilapia	Large (7-9 oz.) 8.99
Fried Clam Strips	Regular (8 oz.) 8.99 Large (12 oz) 11.99

All portions are weight before cooking

Pick Your Preparation!

Deep Fried · Broiled · Panseared · Grilled

Pick One Seasoning or Coating!

White Wine Lemon · Garlic Butter · Lemon Dill Butter
Lemon Pepper · Tropical Salsa · Jamaican Rub
Blackened Seasoning
(Deep Fried Only)
Gluten Free Breading · Breaded · Beer Batter · Cornmeal Crusted

Pick Your Sides!

All Fresh, Cold & Hot Sides: sm. 2.00 lg. 3.50
Premium Sides (Sweet Potato Fries or Onion Rings): 2.50

Gluten Free Fish Fry 7.99

A 6-8oz deep fried haddock fillet in a gluten free breading; served with tartar sauce and lemon.

Seafood & Chicken Baskets

Mini Handmade Crab Cakes.....10.99

Three fried premium lump-meat crab cakes garnished with baby greens and red pepper mayo.

Fried Calamari..... 8.99

Buttermilk dipped, cornmeal crusted thick cut tubes and tentacles served with our house made marinara sauce, banana peppers and parmesan cheese.

Southern Style Chicken Tenders..... 6.99

Four fresh chicken breast tenders, double buttermilk hand breaded and deep fried. Served with BBQ sauce & ranch dressing. *Add French Fries for only 1.50!*

Buffalo Style Chicken Tenders..... 7.99

Four fresh chicken breast tenders, double buttermilk hand breaded, deep fried & coated with Buffalo sauce served with bleu cheese dressing & celery. *Add French Fries for only 1.50!*

Irish Style Fish & Chips.....11.99

An 8-10 oz piece of fresh, wild caught, north Atlantic Cod, battered & deep fried using authentic Irish Beer. Served with Tartar, lemon and crispy fried potato chips.

ALL NEW!

Deli Sandwiches

All deli sandwiches served with chips & a pickle

Full Sandwich 9.99 Half Sandwich 5.99

Half Sandwich with Soup or Side Salad 8.99

Choice of Bread:

White · Wheat · Rye · Wrap (*Full Sandwich Only*)

Choice of Meat: (choose one)



Roast Beef · Corned Beef · Pastrami
Virginia Baked Ham · Turkey Breast

Choice of Cheese:

American · Pepper Jack · Cheddar · Provolone · Swiss · Mozzarella

Choice of Extras:

Lettuce · Tomato · Onion · Banana Peppers · Sweet Peppers · Coleslaw

Choice of Condiments:

Mayonnaise · Spicy Mustard · Yellow Mustard · Dijon Mustard
Garlic Aioli · 1000 Island Dressing · Honey Mustard

Specialty Sandwiches

All specialty sandwiches served with one fresh side of your choice

* **Gluten Free roll available upon request ***

The Palmer Burger..... 10.99

10oz. Certified Angus Beef ® Brand burger served on a toasted brioche roll with lettuce, tomato, your choice of cheese and garlic aioli on the side.

Add bacon: 1.00 Add mushrooms or onions: 0.50 each



Philly Cheese Steak Sandwich..... 10.99

Certified Angus Beef ® Brand shaved steak sautéed with onions, topped with provolone cheese on a toasted sub roll.



Mallory's Chicken Sandwich..... 8.99

Grilled chicken breast, served on a toasted brioche roll with lettuce, tomato and your choice of dressing on the side.

Make it a FRIED Chicken Sandwich for only 1.00 more!

Pulled Pork Sandwich..... 8.99

Slow roasted pork with house made BBQ sauce on a toasted brioche roll.

Fried Fish Sandwich..... 10.99

A fresh breaded haddock fillet on a sub roll with lettuce, tomato and house made tartar sauce.

Marinated Shrimp Sandwich..... 11.99

Citrus and herb marinated shrimp with bacon, avocado, lettuce and tomato on grilled white bread.

Pan Seared Crab Cake Sandwich..... 13.99

Lump crab cake dressed with pepper mayo on a toasted brioche roll with lettuce and tomato on the side.

Cape Cod Reuben..... 10.99

Beer battered Cod, house made coleslaw, 1000 Island dressing and Swiss cheese on toasted rye bread.

All pressed paninis served with chips and a pickle.

Tenderloin Panini..... 10.99

Certified Angus Beef ® Brand beef tenderloin, roasted red peppers, provolone cheese, red onion and mushrooms. Served with garlic aioli on fresh herb focaccia bread.



Reuben Panini..... 10.99

Thinly sliced corned beef, house made coleslaw, 1000 Island dressing and Swiss cheese on a grilled rye focaccia.



Cuban Panini..... 9.99

Grilled sub roll stuffed with slow roasted pork, ham, mayo, mustard, pickles and melted Swiss cheese.

Kitchen Specialties

Palmer's Famous Fish Fry..... 12.99

Hand breaded and deep fried 10/12 ounce haddock, crispy French fries, homemade tartar sauce and coleslaw, lemon and a roll with butter.

The Palmer's Plate..... 13.99

Our 10oz Certified Angus Beef burger served over French fries and macaroni salad. Topped with meat hot sauce, spicy brown mustard, and chopped onion.



Fried Chicken Wing Basket..... 10.99

Eight deep fried, wings served with French fries blue cheese & celery. *Sauce Options: Buffalo, BBQ, Apple Bourbon Bacon Butter*

Have you visited the Fish counter and saw a fish fillet you want to try? See a delicious steak on the Meat counter? Well...

CREATE YOUR OWN ENTRÉE!

HERE ARE SOME OF OUR FAVORITES!

DEEP FRIED

Oysters · Ocean Perch · Boneless Pork Chop

GRILLED

Bone-In Pork Chop · T-Bone Steak · Swordfish

PANSEARED

Delmonico Steak · Sockeye Salmon · Yellowfin Tuna

STEAMED

Mussels · King Crab Legs · Littleneck Clams

...AND DON'T FORGET THE SIDES!

Fresh Seafood may vary by availability