

## SIGNATURE SOUPS

Generous portions using the finest ingredients.

8oz Cup / 16oz Bowl

**LOBSTER BISQUE** ..... 4.99 / 8.99  
Real butter and a touch of sherry wine combine with a cream and lobster broth.

**SEAFOOD CHOWDER** ..... 4.99 / 8.99  
Fresh vegetables, cream, bacon and potatoes compliment scallops, white fish, clams and shrimp.

**SOUPS DU JOUR** ..... 3.99 / 6.99  
Ask about our two terrific flavors available daily.

## SIGNATURE SIDES

**DAILY SIDES** ..... 2.00  
Potato · Mixed Vegetables · Coleslaw  
Macaroni Salad · French Fries · Housemade Chips

**PREMIUM SIDES** ..... 3.00  
Onion Rings · Sweet Potato Fries

## HANDCRAFTED SALADS

**MIXED GREEN SIDE SALAD** ..... 3.99

**CAESAR SIDE SALAD** ..... 4.99


**BBQ CHICKEN** ..... 10.99  
Fried chicken breast, mixed greens tossed with tomato, cucumber, red onion, house made ranch dressing and BBQ sauce.

**BEET & BABY GREEN** ..... 10.99  
Roasted beets, baby lettuce with goat cheese, grilled asparagus and pecans tossed with house made balsamic dressing.

**MARINATED SHRIMP** ..... 13.99  
Baby lettuces with bacon, avocado, grape tomatoes topped with seven herb citrus marinated shrimp and our house made sweet and tangy lemon vinaigrette.


**MINI CRAB CAKE** ..... 13.99  
Two fried premium lump-meat crab cakes on top of mixed greens with avocado, carrots, cucumbers, tomato & red onion tossed in a lemon vinaigrette.


**CLASSIC CAESAR** ..... 7.99  
Romaine lettuce with shaved Parmesan cheese & croutons.  
Served with a side of house made Caesar dressing.  
Add Chicken (8 oz): 4.00    Add  Tenderloin (6 oz): 6.00  
Add Shrimp (spicy) (5 ct): 6.00    Add Salmon (spicy blackened) (5 oz): 7.00

 Certified Angus Beef® Brand recognizes only the best Angus beef: always tasty, tender, and juicy.

## SPECIALTY SANDWICHES

All specialty sandwiches served with one fresh side of your choice.  
Gluten-free roll available upon request.

 **THE PALMER BURGER** ..... 11.99  
A massive 10oz. Certified Angus Beef® Brand burger served on a toasted brioche roll with lettuce, tomato, your choice of cheese and garlic aioli on the side.  
Add bacon: 1.00    Add mushrooms or onions: 0.50 each

 **PHILLY CHEESE STEAK** ..... 11.99  
Certified Angus Beef® Brand shaved steak sautéed with onions, topped with provolone cheese on a toasted sub roll with a side of Boss Sauce.

**MALLORY'S CHICKEN** ..... 9.99  
Your choice: Golden fried or flame grilled chicken breast, served on a toasted brioche roll with lettuce, tomato and your choice of dressing on the side.

**PULLED PORK** ..... 9.99  
Slow roasted pork with house made BBQ sauce on a toasted brioche roll.

**FRIED FISH SANDWICH** ..... 10.99  
A fresh breaded 6-8oz haddock fillet on a sub roll with lettuce, tomato, and house made tartar sauce.


**MARINATED SHRIMP** ..... 12.99  
Citrus and herb marinated shrimp with bacon, avocado, lettuce, and tomato on grilled white bread. Served with a side of aioli.


**PAN SEARED CRAB CAKE** ..... 16.99  
Lump crab cake on a toasted brioche roll with lettuce, tomato, and pepper mayo served on the side.

**CAPE COD REUBEN** ..... 11.99  
Beer battered Cod, house made coleslaw, 1000 Island dressing and Swiss cheese on toasted rye bread.

## HOT PRESSED PANINIS

All pressed paninis served with chips and a pickle.

 **TENDERLOIN** ..... 11.99  
Certified Angus Beef® Brand beef tenderloin, provolone cheese, roasted red peppers, red onion, and mushrooms. Served with garlic aioli on fresh herb focaccia bread.

 **REUBEN** ..... 11.99  
Thinly sliced corned beef, house made coleslaw, 1000 Island dressing and Swiss cheese on a pressed rye focaccia.

**CUBAN** ..... 10.99  
Grilled sub roll stuffed with slow roasted pork, ham, mayo, mustard, pickles and melted Swiss cheese.

## BUILD-YOUR-OWN DELI SANDWICHES

Heaping deli favorites, always made to order using quality ingredients.  
All deli sandwiches served with chips & a pickle.

Full Sandwich · 9.99    Half Sandwich · 5.99  
Half w/ Soup or Side Salad · 8.99

### 1. CHOOSE YOUR BREAD

White · Wheat · Rye · Wrap (full sandwich only)

### 2. CHOOSE YOUR MEAT (6oz Full / 3oz Half – Choose one)

 Roast Beef ·  Corned Beef ·  Pastrami · Virginia Baked Ham · Turkey Breast

### 3. CHOOSE YOUR CHEESE

American · Pepper Jack · Cheddar · Provolone · Swiss

### 4. CHOOSE YOUR EXTRAS

Lettuce · Tomato · Onion · Banana Peppers · Sweet Peppers · Coleslaw

### 5. CHOOSE YOUR CONDIMENTS

Mayonnaise · Spicy Mustard · Yellow Mustard · Dijon Mustard  
Garlic Aioli · 1000 Island Dressing · Honey Mustard

## SEAFOOD & CHICKEN BASKETS

**MINI HANDMADE CRAB CAKES** ..... 14.99  
Three fried premium lump-meat crab cakes garnished with baby greens and red pepper mayo.

**FRIED CALAMARI** ..... 9.99  
Buttermilk dipped, cornmeal crusted thick cut tubes and tentacles served with our house made marinara sauce, banana peppers and parmesan cheese.

**SOUTHERN-STYLE CHICKEN TENDERS** ..... 7.99  
Four fresh chicken breast tenders, double buttermilk hand breaded and deep fried. Served with BBQ sauce & ranch dressing. Add fries: 2.00

**BUFFALO-STYLE CHICKEN TENDERS** ..... 8.99  
Four fresh chicken breast tenders, double buttermilk hand breaded, deep fried & coated with Buffalo sauce served with bleu cheese dressing & celery. Add fries: 2.00

**IRISH STYLE FISH & CHIPS** ..... 12.99  
Four 2oz pieces of fresh, wild caught, North Atlantic cod, battered & deep fried using authentic Irish beer. Served with tartar, lemon, and crispy fried potato chips.

**FRIED CHICKEN WING BASKET** ..... 14.99  
Eight deep fried wings served with fries, blue cheese, and celery.  
Choose your sauce: Buffalo or BBQ

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## CUSTOM SEAFOOD SELECTIONS

All portions are average weight before cooking.

### 1. CHOOSE YOUR SEAFOOD

**WILD-CAUGHT HADDOCK** 6-8oz 7.99 / 10-12oz 10.99

Mild, flaky, and delicious; from the cold waters off the coast of Iceland.

**WILD-CAUGHT COD** 8oz 10.99

Common to the Georges Bank and the western Gulf of Maine, our Atlantic Cod has large flakes of sweet and tender fish.

**FARM RAISED CATFISH** 8oz 9.99

A sustainable and environmentally friendly seafood, raised in America in fresh water filtered ponds. Boneless and skinless with a mild flavor and delicate texture.

**FARM RAISED JUMBO SHRIMP** 5pc 9.99 / 8pc 12.99

Our 16/20 count shrimp have high levels of omega-3 fatty acids. These jumbo shrimp are plump, firm, and hand-breaded to order.

**FARM RAISED ATLANTIC SALMON** 8oz 12.99

Raised in pristine waters off the Canadian shore, our Atlantic salmon fillet is thick, tender, and delicious with a mild salmon flavor. Choose pan seared, roasted or grilled and finish with your favorite seasoning.

**WILD CAUGHT SEA SCALLOPS** 5pc 13.99 / 7pc 17.99

Caught in the frigid Atlantic waters off the coast of Maine, these dry jumbo sea scallops are firm and sweet, prepared how you like them.

**CLAM STRIPS** 8oz 9.99 / 12oz 12.99

We use fresh jumbo clam strips that are cleaned and purified in filtered seawater. Our Boston supplier is a third generation, family-owned American company.

**SHRIMP & SCALLOP COMBO** 15.99

Cooked to your liking as ordered, 5 jumbo shrimp paired with 3 jumbo sea scallops.

**SEAFOOD COMBO** 6-8oz 16.99 / 10-12oz 19.99

Made to order: 3 plump sea scallops, 3 tender jumbo shrimp, and your choice of a 8oz or 12oz fillet of boneless haddock.

### 2. CHOOSE YOUR PREPARATION

Deep Fried · Broiled · Pan-seared · Grilled

### 3. CHOOSE YOUR SEASONING OR COATING *Optional*

Blackened Seasoning · Garlic Butter · Jamaican Rub · Lemon Dill Butter  
Lemon Pepper · Tropical Salsa · White Wine Lemon

*Deep fried only:* Beer Batter · Breaded · Cornmeal Crusted · Gluten-free<sup>™</sup>

**DON'T FORGET A SIGNATURE SIDE!** *Additional*

## PALMER STAPLES

**PALMER'S FAMOUS FISH FRY** 13.99

Hand breaded and deep fried 10/12 ounce haddock, crispy fries, homemade tartar sauce and coleslaw, lemon and a roll with butter.

**GLUTEN-FREE<sup>™</sup> FISH FRY** 10.99

A 6-8oz deep fried haddock fillet in a gluten-free breading; served with sweet potato fries, coleslaw, tartar sauce, and lemon.

**THE PALMER PLATE** 13.99

Our 10oz Certified Angus Beef burger served over fries and macaroni salad. Topped with meat hot sauce, spicy brown mustard, and chopped onion.

*"Palmer's Kitchen recognizes its customers' need for gluten-free options. We utilize a dedicated fryer for our gluten-free options, but unfortunately cross-contact with food containing wheat can occur in our food prep areas."*



### SEE SOMETHING YOU LIKE?

Let us prepare that premium cut of meat or delicious piece of fish while you shop. We'll prepare virtually any meat or seafood in the store.

*Excludes menu items. Ask an associate for details!*



View our delicious weekly specials &

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### WE'RE HERE TO CATER TO YOU!

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or ask an associate for details.

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## KITCHEN MENU

FRESH FOOD • MADE TO ORDER

900 JEFFERSON ROAD · ROCHESTER, NY · 14623

**(585) 272-9470**

### HOURS

SUN - MON

TUE - THUR

FRI - SAT

### KITCHEN

*Closed*

**11AM - 6PM**

**11AM - 7PM**

### MARKET

10AM - 5PM

10AM - 6PM

9AM - 7PM

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